



SALT WATER IS OUR PERFUME

August 2014

## Registration and race regulations

### Racetracks

- **SHORT SWIM** | Km 1.8
- **CLASSIC SWIM** | km 3.5
- **LONG SWIM** | km 6.0
- **COMBINED SWIM** | km 1.8 + Km 6.0

The Sport Association **bewater**, with the sponsorship of Regione Liguria, Provincia di Savona, Comune di Bergeggi, Comune di Spotorno, Golfo dell'Isola, Area Marina Protetta di Bergeggi and Environment Department organizes the 4rd edition of **SWIMTHEISLAND**, that will happen on **Sunday 5th October 2014** at the BAHIA BLANCA beach in Spotorno, always at the BAHIA BLANCA beach Registration will take place, and will be held INwater & OUT water EXPO.

### Participation requirements

To participate each swimmer must be:

- "Agonist" – to be registered FIN in the category Agonist or Master, or *members FITRI or UISP (membership valid 2014)*
- Amateur (*bringing valid Medical Certificate*)\*

\* The Medical Certificate (required from Amateur and to every swimmer without a SWIM Licence) must be a certificate issued by a doctor with the phrase "...for COMPETITIVE Activities", for races of 3.5 km and 6.0 km.

The certificate will be accepted if clearly telling the following: **"the athlete is enabled doing open water swim activity and participating at the SWIMTHEISLAND event"** instead of the usual "good health" .

### Prizes

There will be several prizes represented by sport equipment's or other products.

Each of the three races (short Swim – Classic Swim – Long Swim) will include prizes in "goods and product" as indicated in the table below:

SWIMTHEISLAND

### Absolute Prizes

The Prize money is estimated at € 2,200 so distributed among the winners of the competitions:

1800 mt: 100 € (M / F)

3500 mt: 200 € (M / F)

6000 mt: 300 € (M / F)

COMBINED (PROSwim Challenge): 500 € (M / F)

		OVERALL	MAN	WOMAN
OVERALL	1 <sup>o</sup>		500 €	500 €
OVERALL	2 <sup>o</sup>		1	1
OVERALL	3 <sup>o</sup>		1	1
OVERALL	4 <sup>o</sup>		1	1
OVERALL	5 <sup>o</sup>		1	1
J1 = >18	1		1	1
J2 = 19 - 29	1		1	1
M1 = 30 - 40	1		1	1
M2 = 41 - 55	1		1	1
S = 56 & over	1		1	1
Last swimmer		1		
TEAM OVERALL	1 <sup>o</sup>	3		
TEAM OVERALL	2 <sup>o</sup>	3		
TEAM OVERALL	3 <sup>o</sup>	3		
	+			
THE YOUNGEST SWIMMER	1		1	1
THE OLDEST SWIMMER	1		1	1
		1800 mt	3500 mt	
Best Time of WHO did ALL the 4 EDITIONS (sum of the time)	1 <sup>o</sup>	1	1	

Moreover, there will be special prizes for:

- The youngest participant (overall in the whole event)
- The oldest participant (overall in the whole event)
- The last one classified in every race
- 1° overall – Combined 2 races (1.8 + 6)
- 2° overall – Combined 2 races (1.8 + 6)
- 3° overall – Combined 2 races (1.8 + 6)
- Best time overall in the 4 editions of SWIMTHEISLAND (Short Distance and Classic Distance)

For the TEAM category, will be rewarded the top 3 competitors for each team (the best for each distance)

**GENERAL PRIZES:**

	LONG SWIM - 1800 + 6000m			LONG SWIM - 6000m			LONG SWIM - 3500m			LONG SWIM - 1800m		
	OVERALL	MAN	WOMAN	OVERALL	MAN	WOMAN	OVERALL	MAN	WOMAN	OVERALL	MAN	WOMAN
OVERALL	1°	500 €	500 €									
OVERALL	2°	1	1	300 €	300 €		200 €	200 €		100 €	100 €	
OVERALL	3°	1	1	1	1		1	1		1	1	
OVERALL	4°	1	1	1	1		1	1		1	1	
OVERALL	5°	1	1	1	1		1	1		1	1	
J1 = >18	1	1	1	1	1		1	1		1	1	
J2 = 19 - 29	1	1	1	1	1		1	1		1	1	
M1 = 30 - 40	1	1	1	1	1		1	1		1	1	
M2 = 41 - 55	1	1	1	1	1		1	1		1	1	
S = 56 & over	1	1	1	1	1		1	1		1	1	
Last swimmer	1			1			1			1		
TEAM OVERALL	1°	3										
TEAM OVERALL	2°	3										
TEAM OVERALL	3°	3										
	+											
THE YOUNGEST SWIMMER	1	1	1									
THE OLDEST SWIMMER	1	1	1									
		1800 mt	3500 mt									
Best Time of WHO did ALL the 4 EDITIONS (sum of the time)	1°	1	1									

**Inscriptions**

It is possible to enter the event using the Form on the web-site [www.swimtheisland.com](http://www.swimtheisland.com). The Form must be filled-in in all parts and submitted attaching two documents : prove of payment and copy of the Sport Licence or the Medical Certificate.

The payment of the fee can be made by credit card, PayPal or by wire transfer using the following bank details :

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IBAN : IT71G0631049412000000170780

SWIFT : CRSVIT2S138

The Medical Certificate can be attached to the Form on line. If not attached on line it must be delivered at the moment of registration on 4<sup>th</sup> - 5<sup>th</sup> October

Online registrations will be accepted until midnight (24.00) of 2<sup>nd</sup> October 2014.

Organization may decide to accept "Last Minute Registration" on the 4<sup>th</sup> October, paying an additional amount of €5

Registration rates:

length	until 30 <sup>st</sup> June	From 1 <sup>st</sup> July until 2 <sup>nd</sup> October	last minute
1800 m	23 €	28 €	33 €
3500 m	28 €	33 €	38 €
6000 m	33 €	38 €	43 €
1800 + 6000 m	43 €	48 €	53 €

Everyone will be confirmed by e-mail.

The registration rate includes:

- Registration kit, including swimcap, product from the Sponsor, baggage tag identifier for the bag.
- Chip for electronic timing
- Restube – mandatory security System

Such equipment must be returned in perfect condition upon arrival from the race. Staff members will take from each arrived (for all three distance race) and check the status of every equipment. If the participant is unable to return any of the equipment mentioned and / or one of them is damaged it will be charged by the Organization, the total cost of the equipment. (15 € for the chip, € 69 for the RESTUBE).

**Refreshments and Assistance**

MERELLO Refreshment (LONG Race – 6.0 Km)

END Refreshment (All Race) at BAHIA BLANCA Beach in Spotorno

There will be refreshments / supplies along the way, the boats Assistance will be provided with drinks, water and energy bars to support swimmers.

Technical assistance of the race: medical care and supervision are provided throughout the itinerary, with fixed points along the itinerary and, at the finish area, with mobile units available in case of emergency.

For any emergency or distress at sea by the participant will need to activate the system RESTUBE and raise the yellow inflatable upward to signal the need for immediate assistance.

**Additional services bewater | swimtheisland**

- Bags keeping
- Men and women showers and changing rooms.

**Delivery of numbers, micro-chip and race kit**

All the participants will be able to register and receive their race-pack as follows :

Saturday 4<sup>th</sup> October, from 10 a.m. to 8 p.m. at BAHIA BLANCA beach in Spotorno

Sunday 5<sup>th</sup> October from 7.30 a.m. to 9 a.m. at BAHIA BLANCA beach in Spotorno

### **Race information | swimtheisland**

#### **SHORT SWIM – 1.8 km**

The briefing will be at 9.45 a.m. at the “BAHIA BLANCA” beach - Spotorno

The start is fixed at 10.00 a.m. from the “BAHIA BLANCA” beach - Spotorno

The competitors will be aligned on the beach, at the start – line, and the start will be given by ashore.

The briefing will clarify the race, the safety rules and the track.

The arrival will be at the BAHIA BLANCA beach, after the buoy turning in front of the island, as it will be described at the briefing, and after the same path of the final part of the other two swim (3.5 km and 6 km).

#### **MAIN SWIM – 3.5 km**

The briefing will be at 11.15 a.m. at the “BAHIA BLANCA” beach - Spotorno

The start is fixed at 11.30 a.m. from the “BAHIA BLANCA” beach – Spotorno

(The organization reserves the right to postpone the start of 15minutes)

The competitors will be aligned on the beach, at the start – line, and the start will be given by ashore.

The briefing will clarify the race, the safety rules and the track.

The arrival will be at the “BAHIA BLANCA” beach, after the island turning clockwise, following the path described in the briefing.

#### **LONG SWIM – 6.0 km**

The briefing will be at 12.15 a.m. at the “BAHIA BLANCA” beach - Spotorno

The start is fixed at 12.35 a.m. from the “BAHIA BLANCA” beach – Spotorno (stand-by the race will start when Carina Bruwer will finish her 2° lap)

The competitors will be aligned on the beach, at the start – line, and the start will be given from the organization boat

The briefing will clarify the race, the safety rules and the track.

The arrival will be at the “BAHIA BLANCA” beach, after the island turning clockwise and continued to have a straight section parallel to the beach Merello to Spotorno.

#### **TEAM**

Swimmers can participate as a TEAM and take part in the Challenge of The TEAM. The Team can be of 3 minimum and 7 maximum members. The necessary condition is that all three races distances are presented by at least one member of the TEAM.

Will be added the 3 best times for each TEAM (one each of the races) in order to generate the list of the TEAM.

## **General rules**

**Wearing the wetsuit it is optional and no separate classification will be made.**

The competitors who will "cut" the itinerary, particularly in the Protected Marine Area - zone A, without passing externally to the official buoy in that area will be eliminated. (control officers and security can take them away the number)

Will be eliminated also all the competitors that will not pass in the checkpoints along the path of the swimtheisland 2014.

Maximum admitted time to perform the SHORT SWIM is 60 min.

Maximum admitted time to perform the CLASSIC SWIM is 120 min.

Maximum admitted time to perform the LONG SWIM is 170 min.

All the finishers will receive the SWIMTHEISLAND #4 FINISHER T-SHIRT

The racer number will be applied on the hand.

## **SEALING - ENTRANCE STARTING AREA**

The marking consists of visual inspection for every swimmer who accesses the departure park. The staff will verify that each swimmer will be equipped by MANDATORY for departure to the race. This IS for ALL THREE DISTANCES IN PROGRAM.

Each swimmer must wear the following equipment MANDATORY (provided during registration):

1. CAP 1 (the color identifies the race: PINK for 1.8 km, YELLOW for 3.5km, WHITE for 6.0Km, GOLD for the COMBINED).
2. CHIP for timekeeping. (You will be notified at the time of registration and briefing whether to apply the CHIP on the wrist or ankle).
3. RESTUBE. Security system for all swimmers. \*\*

The RESTUBE \*\* is a security measure using for the first time in open water. Is not a game, but a system that must be used with intelligence and ONLY in case of need and / or emergency. The RESTUBE consists in a "fanny pack" which must be fastened at the waist by each swimmer and maintained on the back. This envelope, allows, ONLY in case of need to open an Air-bag of yellow cylindrical shape so as to provide support flotation and visibility.

Such equipment must be kept "inactive". The system can ONLY be activated in case of need (emergency, fear, fatigue, need help).

Every swimmer will be surprised to enable the system to another participant in the starting phase (or race) will be DISQUALIFIED.

CHIP and RESTUBE will be RETURN at the time of ARRIVAL. Personnel will be instructed to remove any swimmer from

**SWIMTHEISLAND**

such equipment after the finish line. In the event that a participant will not have any of the equipment required, or he had damaged, will be stopped and will be required to reimburse the material provided.

Those who do not wear the amenities listed above may not take part in the start of the race.

### **classifications**

The complete results will be available on [www.swimtheisland.com](http://www.swimtheisland.com) from Tuesday 8<sup>th</sup> October 2013. Also on: [www.mysdam.com](http://www.mysdam.com) and [www.mysportrecord.com](http://www.mysportrecord.com)

### **Image copyright**

Every participants registered to the swimtheisland 2013 expressly authorizes free use of fix or moving images where he/she is represented, of his/her personal information and their distribution to and through media (e.g. print or TV) for promotional or publicity purpose, present and future, related to the swimtheisland 2013 and other sport events.

### **Protection/defence Clause**

The swimmers declare that they have consciously read and they accept the rules and regulations described above, and published on the website : [www.swimtheisland.com](http://www.swimtheisland.com)

Anything that is not included in this document is regulated as per "International Open Water Rules issued by WOWSA 2014" and International Technical Regulations WOWSA - (downloadable from the website: [www.worldopenwaterswimmingassociation.com](http://www.worldopenwaterswimmingassociation.com)).

### **Information**

[info@swimtheisland.com](mailto:info@swimtheisland.com)

The Organizer can modify the above rules at anytime, in order to guarantee the best organization of the event, relating to the safety. All modification will be communicated to the participants by email or can be read on the website [www.swimtheisland.com](http://www.swimtheisland.com).

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